



Key Truth/Principle: Experiencing the peace of God in everyday living.

Key Verse(s): ...*"Do not be anxious about anything, but by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and minds in Christ Jesus."* Philippians 4:6,7

Suggested format: Social time/ice-breaker, Word, worship with communion and prayer

Key Point(s): Peace Comes From God
Peace Comes Through Obedience
Peace Comes Despite Obstacles

**** TOP TIPS ****

Remember people are indwelt with the spirit – expect them to have something to bring – most just need permission and clarity, and yearn for depth.

WELCOME: Have fun, involve everyone, keep it moving

WORSHIP: Deliberately LEAD people into stepping out – most people appreciate specific guidance and feel released to know how to participate (e.g. let's read a Psalm together and use the words to help us worship, let's listen to this song, let's sing now, let's have a time of prophecy and hearing from God, if you feel you want to start a song please do. Encourage gifts!

PRAYER: Weave into all you do, respond to things as they come up and help people by being specific (e.g. let's all go round and pray short prayers thanking God for a particular characteristic.

WORD: Some folks would not have been there on Sunday – don't worry too much about recapping, just dive into questions. Splitting people into pairs/small groups with specific questions and a time frame usually brings out the best discussion and involvement of everyone.

KEY QUESTIONS

1. What robs you of your peace?
2. How do you respond when you are lacking peace?
3. What Scriptures have you found helpful in experiencing God's peace?
4. Any testimonies of experiencing God's peace in the middle of turmoil?
5. Pray for one another to experience more of God's peace in the days to come.

