

ONE ANOTHERING

Key Truth/Principle: On Sunday Roy & Dorothy commenced a new preaching series on the New Testament commands of 'ONEANOTHERING'. They spoke of how God intends church to be like the human body with each part connected and caring for one another.

Key Verse(s): 1 Cor.12 v.25 – 27; Eph.4 v.16; Gals.5 v22 -23; Eph.4 v1 – 2; Col.3 v.13; Matt.18 v.21 - 35

Key Point(s) The importance of: CONNECTION, CONCERN and CARE of one another; and the challenges of: FRUSTRATIONS, FORBEARING and FOGIVING one another.

**** TOP TIPS ****

Remember people are indwelt with the spirit – expect them to have something to bring – most just need permission and clarity, and yearn for depth.

- **WELCOME:** Have fun, involve everyone, keep it moving
- **WORSHIP:** Deliberately LEAD people into stepping out – most people appreciate specific guidance and feel released to know how to participate (e.g. let's read a Psalm together and use the words to help us worship, let's listen to this song, let's sing now, let's have a time of prophecy and hearing from God, if you feel you want to start a song please do). Encourage gifts!
- **PRAYER:** Weave into all you do, respond to things as they come up and help people by being specific (e.g. let's all go round and pray shorts prayers thanking God for a particular characteristic
- **WORD:** Some folks would not have been there on Sunday – don't; worry too much about recapping, just dive into questions. Splitting people into pairs/small groups with specific question and a time frame usually brings out the best discussion and involvement of everyone.

KEY QUESTIONS

1. What do you see as the implications and challenges of church being a body and not just a gathering of people who come together for a Sunday worship service?
2. What things frustrate you most in relationships and in working with other people?
3. What things do you consider help develop strong and lasting relationships?
4. What things help you personally feel cared for?
5. How can we practically improve the care of one another in our Life Group?

SUGGESTED TIME of PERSONAL REFLECTION:

- (i) Who could you begin to connect with to purposely seek to increase/strengthen your relationship with others in Redeemer?
- (ii) Is the Holy Spirit impressing on you a concern for anyone specific in Redeemer who you could seek to show care towards in some way?
- (iii) Do you have any relationships with others in Redeemer, which are strained or even 'dislocated' (c.f. like a dislocated joint in the human body)
- (iv) Is there anyone in Redeemer (or any other person) who you need to forgive for a past wrong, hurt or misunderstanding?

COMMUNION: The suggested time of quiet Personal Reflection, especially (iv) above, can provide a helpful lead into communion with a focus on the Lord's total forgiveness of us and our need to forgive others in the same way (Eph.4 v.32).